

BE WELL

BUILD HEALTH INTO YOUR DAY, YOUR WAY.

Help for Feeding a Family is Out There!

Food is the body's fuel. No one should spend a day hungry; there is help.

Good Food Box – South Georgian Bay	705-445-9660 ext. 1
Beaver Valley Outreach	519-599-2577
Good Food Box Grey Bruce	519-599-2577 ext. 26
Stayner & Clearview Food Bank Open Tuesday & Thursdays 1-3pm	705-517-0166
Salvation Army Food Bank (Collingwood) Open Mon, Wed, Fri 9:30-12pm Wed 1-3:30pm	705-445-9222
Community Action Program for Children (Collingwood and Wasaga Beach)	705-445-9770 ext. 5230
E3 Community Services Emergency Baby Needs Depot- diapers and baby food Stop in at 250A Peel St	705-446-0816 ext. 0
Society of St Vincent de Paul Collingwood	705-444-0990 Leave a message
Society of St Vincent de Paul Wasaga Beach Food Bank Mon & Thurs by appointment	705-428-3396 Leave a message
Trinity United Church	705-445-3901 Leave a message
United Way Eat Well to Excel Student Nutritional Programs Leave a message for Nicole	705-795-7127
Wasaga Beach Ministerial Food Bank	705-429-6464 Leave a message

Ask your OW worker if you qualify for transportation and Special Diet Allowance due to a medical problem or call 211 to speak with someone for more help.