

BE WELL

BUILD HEALTH INTO YOUR DAY, YOUR WAY.

Additional Supports

Your family may also qualify for employment supports, dental, vision and hearing support as well as winter clothing for dependent children. Ask your OW worker if you qualify for transportation and medical Supplies benefits, Special Diet Allowance due to a medical problem.

South Georgian Bay Community Health Centre- 705-422-0900 ext 119

Manito Shrine Club (free transportation for kids needing treatment in Toronto)

Community Participation

Volunteer in your community and receive up to \$100/month

Ontario Child Care Subsidy

Dental- Healthy Smiles for those 17yrs and younger 1-866-532-3161

Special Services at Home- for children at home with a disability

Clothing- CAPC, Erie St Community Church Caritas Centre 705-443-9057

Pre Natal, Post Natal- CAPC, SMDHU Health Connection 705-721-7520

Saving For the Future

Registered Education Savings Program

The government will help you save for your child's education after high school.

Registered Disability Savings Plan

Save for the future without the 'clawback' from OW or ODSP plus receive up to \$1000 per year savings grant and match your contributions up to 300%.

Community Connection

If you require assistance that is not an emergency, call 211 to speak with someone about what services and programs are available to you, in your area.